



## Katrina Elizabeth Amero

May 26, 1989 - July 31, 2023

It is with broken hearts that we share the passing of our sweet Katrina Elizabeth Amero.

Katrina was born in Federal Way, WA on 5/26/89 and passed away unexpectedly on 7/31/2023. She was 34 years old.

Her son Henry was the joy and light of her life amid her struggles to find purpose and friendship. Katrina leaves behind immediate family, Her Father, Lynol Amero of Vancouver, Canada, Mother, Holly Amero of Windsor, Colorado, 4 year old son Henry Amero of Windsor, CO, Sister and brother in law Telisha & David Quezada of Loveland, Colorado, Brother & Sister in law Jaeden & Sachi Amero of Abu Dhabi & Grandma Nita Hallstrom in California . She also has many cousins, aunts, and uncles who will miss her.

Katrina struggled to get through college with a learning disability & was so proud that she graduated with a Bachelor's degree in Sociology & a minor in Criminal justice . She loved the crime mystery shows that explained solving real murders. Katrina created a business in 2020 "The Aloha Life" a food truck where she created the Hawaiian food menu & did catering as well as local park events & farmers markets . She loved people & her customers were treated royally often returning for her fall special of hot cider or her summer special of homemade fruit syrups in lemonade. She sold the business in 2022

as it had grown & was too much prep work with Henry. Katrina enjoyed working in hospital food services where she didn't have to bring work home with her and loved serving the patients. Always serving with a smile on her face . She loved to feed people and sent people home with food often or giving away garden produce .

Katrina served a mission for the Church of Jesus Christ of Latter Day Saints in 2010/11 to Bangkok, Thailand and Galveston, Texas. She had an intense love for Thai food and loved telling people about her time in Thailand . The sewer system & bugs in Thailand freaked her out. Katrina loved pickles of all kinds and her mother is finding quite the collection of pickles in the refrigerator. Katrina would put hot sauce & red pepper flakes on just about everything she ate .

Katrina was her Moms traveling buddy enjoying many annual trips to Hawaii and shared her Moms love of water .

Katrina volunteered many hours at the local food banks and absolutely loved to educate people on services available to them in their time of need. She never judged them & was always incredibly helpful to share a recipe or idea for surplus food. She would talk to anyone that would listen & neighbors knew her as the friendly lady with the beautiful smile. Katrina was a sweet little girl often saying "This is the best day ever!" with her giggling little body . She gave Mom the spoon rest that says "BEST DAY EVER".


We will love Katrina forever and Miss her for always . Her happy smile lives on through her son Henry.

We hope she is having the best day ever in Heaven !

# Tribute Wall

AM

“ When I first met Katrina, she was so vibrant and beautiful. I also met Henry at the same time. I thought, “what a good mother, what a sweet mom” Henry was running around the backyard.. me and Katrina had spoken on Facebook to trade off Dexter the dog. She chose my family so quickly and I couldn’t have imagined why!?!? She was so beautiful and helpful with Dexter, sending me reminders to watch out for, also how I should surprise our my girls with adopting Dexter. From just our first encounter she was such a help and so kind. I thought, “what a beautiful person” so kind and generous, she let my family adopt Dexter. We are so extremely sorry for the loss of Katrina and the impact she left on even our family’s life. She will be remembered forever and missed by many



Angie Morgun - August 29, 2023 at 02:08 AM

CC

“ I have known Katrina and her family for many many years. Our families shared almost every holiday together. I loved her smile and her big heart. She loved people. She had so much love to give. She had a special spirit. You will be sorely missed. Till we meet again. Love your Aunt Carla



Carla Curtis - August 19, 2023 at 11:12 PM

NM

“It’s taken me a little bit to write this because Katrina was my best friend in high school and I have so many memories of her. I guess what I want to highlight is how special she was, one of my favorite things about her was that she was so outgoing and bold, she always had the best ideas of fun things for us to do and they were always all over the board. She made every day an adventure. I remember when she got her first car she was quite the lead foot and would zip us around to all the places. I could always hear her coming from a block away because her little car was so loud. Her hands gently gripping the steering wheel in a way that showcased her almost always freshly polished fingernails is something I think about any time my nails are done. She had this sparkle in her eye when she would talk about things she liked and always had this silly little snicker chuckle laugh when we came up with a good plan for something. She helped me get my first job because she was so aware of where to go for resources and she was such an advocate for the people she loved. She was obviously the best baker and made the best cookies, but she loved sharing recipes, or anything really, there was no gatekeeping on her end. If she knew about something great or had something good, she would tell anyone about it who was interested. There are some things that make me think of her as an adult, like every time I get out a measuring cup for a recipe. I never knew the glass measuring cups are for liquid and the individual cups are for dry ingredients, and her voice is always in my head when I pull them down from the cupboard. I can’t get yakisoba noodles anymore because we used to get them when we would go off campus for lunch, but one time she got such a terrible case of food poisoning that anytime I see them on a menu I think of us in her parents SUV parked outside the hospital and her saying it feels like little ninjas are stabbing her all over as she crippled over in pain. It was the worst. I learned about the BRAT diet from that trip with her family, which has proven to be something I think about often as a parent because my child gets tummy upset so easily. I remember her every Halloween because one year we were really too old to be trick or treating so she devised a plan for us to be geishas because her dad had brought back some beautiful robes

*from a trip and if we painted our faces then maybe people wouldn't know how old we were. Speaking of old, Katrina was always downloading music onto cds or mp3s for us to jam out to on our little zips across town so we could be cool little gangsters in her zoomy car. One time after a dance, we went out to the parking lot and opened her car door and kept a little dance party going with her carefully curated music. I was also Katrina's first kiss, she had a crush on this boy, but we hadn't known him very long so when someone dared her to kiss him, she pecked me first just in case we found out we didn't like him. She was always like that, crazy and fun loving and down for all sorts of adventures. She was also so proud of her little sister, she'd always tell me what she admired about her as we went upstairs to chat and gossip as teenage girls do. I want to say to Katrina's family that my heart goes out to you, I know how much space her spirit filled. She will be greatly missed and sincerely cherished for all the best parts that made her wonderful.*



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**natasha montierth** - August 08, 2023 at 02:13 PM

JV

“ *I'm but a single, distant drop in the sea of people who knew Katrina. It's hard to know what to say. I met her and her family on my mission to Washington. She was a straightforward soul, and seemed unafraid to speak her mind.*

*If I can say nothing else, I remember her, and she is to the world that much more real.*

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**Jason vonGermeten** - August 08, 2023 at 01:36 AM

HA

*Thank you for sharing . It really is a comfort at this time of grief . Haha, she wasn't afraid to speak her mind. I tried to teach her to be respectful & kind but we eventually mature & realize it shouldn't matter what others think of us & we just need to be our best self.*

**Holly Amero** - August 08, 2023 at 01:59 AM

LM

*Holly, so sad for you and your family's loss of your sweet, spunky girl 🥺. Sending much love and prayers your way 🙏💜🙏. Laurie Mitchell and family*

**laurie Mitchell** - August 08, 2023 at 05:03 PM

DC

*“ Oh my Katrina was the best babysitter our boys Case and Wyatt loved her. She would always play games and of course make cookies! Keep the bright light and smile on your face! RIP❤️*

**Dawn Carlo** - August 07, 2023 at 05:07 PM

HA

*Thank you for sharing ! Katrina loved your boys!*

**Holly Amero** - August 08, 2023 at 02:00 AM

JG

*“ I was honored to be Katrina's professor and advisor at Pacific Lutheran University. She made a huge impression on me and my faculty colleagues because of her persistence, determination, and very strong will! I have vivid memories of her senior capstone presentation, including meeting cherished family. It's been a joy to follow her post-college journey from afar, particularly seeing her love for Henry. I will never forget her!*

**Joanna Gregson** - August 07, 2023 at 11:33 AM

HA

*Awww thank you for sharing Joanna! Katrina worked so hard to get through college . It wasn't easy for her and it did require persistence and determination for sure . I tried to instill in her to never take no for an answer if you know you're right ! I live that every day .*

**Holly Amero** - August 08, 2023 at 02:04 AM

KT

*“ I'm so extremely sorry to hear about Katrina's passing, she was my companion for 3 months in the mtc and we had so many memories together! She was always there to stick up for me and she wrote me the best notes. On Christmas she decorated my bunk with tons of handmade snowflakes she had spent hours cutting out! She was always so thoughtful. I'm so sorry for you and your families loss!*

**kate thaweesri** - August 07, 2023 at 11:19 AM

HA

*Thank you so Much Kate! Katrina sure looked up to you and wanted to try your restaurant some day . She sure loved green curry the most. She followed you on Facebook & showed me your adorable babies!!!*

**Holly Amero** - August 08, 2023 at 02:08 AM

JL

*“ Katrina was such a beautiful soul. She always had an amazing smile when she was talking with me. Such a wonderful and sweet woman who had a way of making you feel important in her life. She will be greatly missed. Rest in peace my friend. You are loved.*

**Jessica Lewis** - August 06, 2023 at 12:55 PM

HO

*Thank you for sharing . It means so much during this time of grief .*

**Holly** - August 07, 2023 at 08:38 AM

PP

“ My dear friend, Katrina. Katrina is one of the first people who made an impact on my family when I had my first child. Katrina was there to help care for my child. We don't have any family here so Katrina filled a big role during a time we needed it. She brought light and positive energy to me when I needed it. I will miss her excitement over the best deals and recipes she found. Katrina was the best gift giver. Rest in peace, Katrina. I love you.



Paula Pescador - August 05, 2023 at 07:40 PM

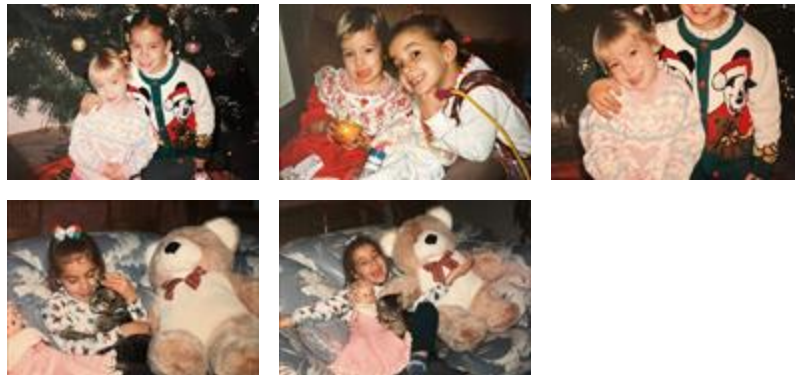
HA

Awww, Paula she loved all of you so much ! Thank you for sharing . You were such an amazing role model . We love you!

Holly Amero - August 05, 2023 at 08:05 PM

LA

“ 34 files added to the tribute wall



Lynol Amero - August 05, 2023 at 12:01 PM

DA

*Katrina, we were facebook friends. Know you thru your mom. We shared a few recipes and saw each others posts. I'm sorry you had to leave. What I do know is Henry will be in good hands. With your mom he will grow up knowing only love and comfort, support and caring. I know you are at peace now but know you are loved and missed daily. God bless .*


**Dawn** - August 05, 2023 at 04:01 PM

HA

*Dawn, thank you for sharing ! You're such a great example of goodness . We will miss Katrina's smile .*

**Holly Amero** - August 05, 2023 at 08:07 PM

NH

“ *My dearest Holly,  
I can't express my sorrow for you for the loss of our dear Katrina.  
She was a bright light that shown through her lovely smiling face,  
generous and kind. She sent me presents and flowers for no reason  
brightening my day.  
I will miss her always.  
Love & hugs, Mom* 

**nita Hallstrom** - August 05, 2023 at 11:22 AM

JL

“ *In the past 6 months or so I was venting on facebook about stuff I was going through with my mom. Katrina would message me and tell me what certain behaviors meant..my mom had Alzheimer's. She would tell me that what I was doing/going through was normal. It was such a relief to hear that. Her words and her advice is something I will never forget. She was a light to me. Definitely gone to soon.*

**Jo Ann Lussier** - August 04, 2023 at 09:34 PM

HO

*Thank you for sharing , it means a lot during our time of grief .*

**Holly** - August 04, 2023 at 11:29 PM

LB

“ *I remember getting introduced to Holly family when Holly and I we started working together back in 1996. Katrina was just a sweet child, as time went on as children grow up and learn life’s lesson going to Holly home and making are arts crafts Katrina always had a smile on her face. And then the most wonderful thing that made her smile when she was pregnant with Henry. Seeing her at her baby shower and the glow she had she was going to be a mother and the day he was born her face said it all he is the joy and her heart and the light of her life. She will be greatly missed. My heart breaks still knowing she is gone and to my dearest friend Holly I love you and sending my deepest condolences and prayers to you and your family. Henry has the best grandma to raise him and he will always remember the deepest love from his Mother. May god give you wings and open the pearly gates of heaven you will be in our hearts ❤️.*

**Lisa Brunelle** - August 04, 2023 at 08:35 PM

HO

*Awww, Lisa . Thank you for your kind words . It means a lot during our time of grief .*

**Holly** - August 04, 2023 at 11:31 PM

MR

*I did not know Katrina personally, but saw her on occasion because I worked with her Mother. She ALWAYS had a beautiful smile and always spoke to me and sometimes made polite conversation. Just knowing her Mother, I knew that she had been taught to be kind, generous and compassionate. It radiated from her presence. I always thought that she was soooo pretty. Her big smile and sweet personality made her even more beautiful. I can't even imagine her Mother's pain. I know that her son, sister, brother and other family members will miss her as well. Whatever hard times she may have had are gone now, and she can forever rest in peace. Bless you Katrina and bless your family.*

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**Mary Roberson** - August 05, 2023 at 01:19 AM

HA

*Oh Mary, thank you for your kind words. Katrina really was a sweetheart most of the time. She had a full drawer of nothing but little things to gift people . She recently purchased little school theme earrings so we could gift them to Henry's teachers .*

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**Holly Amero** - August 06, 2023 at 04:41 AM

AC

*“ Kid, you and I were Facebook memes buddies, also chatting on messenger about advice you needed or something you wanted to share. I've known you since you were in high school and I was working with your mama. I was so proud of all your accomplishments and I love you so very much. I will miss you, kiddo. Your soulful home as much as I will miss you, is a place you will find peace more than here on earth. Suffer no more, baby girl. See you on the other side.*

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**Angel Chovanec** - August 04, 2023 at 06:40 PM

HO

*Katrina really looked up to you and Loved you . Thank you for sharing .*

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**Holly** - August 04, 2023 at 11:32 PM

MM

“ *Katrina,  
Words can not express how a loss such as your has hurt our family.  
You where always very happy, smiling and laughing, you where  
sometimes the annoying little cousin.  
I will miss you always asking after Alex and kyle, our camping trips  
we would take.  
If only there was a back button, I would try to do more, see if there  
was any I could help you with.  
You truly will be missed.  
Henry is in good hand with your mom.  
Love you.  
Love you.*

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**Michele Miller** - August 04, 2023 at 04:51 PM

HO

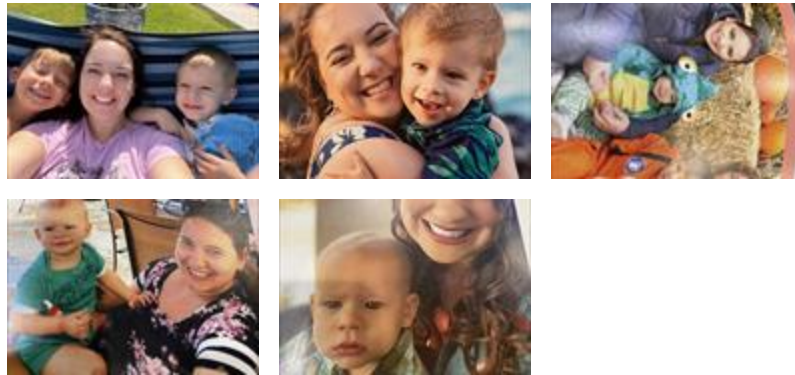
*Awww Michele , you have such a big heart . Thank you for sharing . It  
helps so much during our time of grief .*

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**Holly** - August 04, 2023 at 11:34 PM

HA

“ My dear sweet Katrina . I have watched you struggle and get knocked down and pop right back up with a willingness to be all that you could be with every new day . Coming into my office every morning and asking “how is your day going, working with anyone new today “ is something I will miss . When we first moved to Colorado I needed to vent a LOT about my job and we would go out in the new neighborhood for walks pushing Baby Henry in his car car and you always listened to me vent and then when we spent all our time walking on my lunch break instead of eating , you would make me lunch and bring it to my desk . You were the happiest most cheerful little girl . You sure knew how to pester your brother and get him in trouble . You wanted to take care of everyone and give advice . Henry would brighten up seeing you come home from work ! We love you forever !



Holly Amero - August 04, 2023 at 04:16 PM

SP

*Katrina, I am glad I got to know you. I enjoyed reading your posts of your endeavors and darling pictures of you and your son. My heart is sad for your family and friends, but also relieved that you are free of the pain and anxiety that you were going through. You will be missed!*  
Sharyl Philp

Sharyl Philp - August 04, 2023 at 07:09 PM

HO

*Sharyl, thank you for sharing and your support & friendship mean so much during this time of grief .*

**Holly** - August 04, 2023 at 11:39 PM

BP

*Holly,  
I am so very sorry for the devastating loss of your beautiful Katrina. Her smile would broaden and her eyes would sparkle when she saw Henry. Her delight in giving him treats was so priceless to watch. The unconditional love and support you gave Katrina was a great blessing.*

**B Pilk** - August 06, 2023 at 01:20 AM

LM

*Holly, so sad for you and your family's loss of your sweet, spunky girl 🥺. Sending much love and prayers your way Laurie Mitchell and family*

**laurie Mitchell** - August 08, 2023 at 08:18 PM

HA

*Thank you Laurie! It has been such a comfort to hear from those that knew her.*

**Holly Amero** - August 10, 2023 at 01:37 PM

LI

*I just met you today, Holly, at the celebration of life for Ollie. I am so sorry for your loss. Henry is a sweet little boy and he is blessed to have you in his life.*

**Linda** - August 12, 2023 at 04:01 PM

HA

*Thank you so much Linda ! I truly appreciate you taking the time to comment here .*

**Holly Amero** - August 14, 2023 at 02:17 PM