



Denise Marie Goehring

August 9, 1955 - September 7, 2025

Denise Marie (Lenzen) Goehring 70, of Fort Collins, Colorado died September 7, 2025 at Poudre Valley Hospital, Fort Collins, surrounded by family. Funeral services will be held September 20th at 11:00 am at Shepherd of the Hills Lutheran Church, 1200 S. Taft Hill Road, Fort Collins, with a reception/luncheon to follow.

Born August 9, 1955 in Hankinson, ND to Marlys (Wilm) and Anton (Tony) Lenzen. She spent her first 4 years of life on a farm by Hankinson before the family moved to River Falls, WI. She attended Saint Bridget's School and then attended River Falls High School graduating in 1973. She then went on to Cosmetology school in Minneapolis. Denise started working at Ben Franklin in the health and beauty department while in high school. In 1977 she moved to Glyndon, MN and worked for Baker's shoe store. This is where she and Tom met. Denise as a sales associate and Tom as a stock boy. They became "sole" mates and were married June 30, 1978. They moved to West Fargo, ND. She then went to work for JC Penney's as the manager of the Health and Beauty department. Then in 1980 moved to Bismarck, ND where on July 31, 1980 Jonathan was born. After Jonathan was born Denise started a day care, caring for six to eight children. Using her patience, compassion and organizational skills. When Jonathan started school, Denise went back into retail, first working at Capital Lanes while also participating in the WIBC woman's national bowling tournament and then started working for JoAnn's

Fabric as an Assistant Manager, where she was a fantastic resource for customers since she was an excellent seamstress. She sewed bridal gowns as well as the bridesmaids' dresses for wedding parties. In 1991 the family moved to Fort Collins, CO. She then started working for Courtney Park apartments as head housekeeper and then Maid Rite doing residential cleaning while displaying her attention to detail and organizational skills. Denise always kept an immaculate house. She started her own cleaning business, Choice Cleaning, with a partner and they built it up to 5 crews. In the fall of 2004, Denise decided to go back to school and enrolled at IBMC College, Fort Collins, receiving her Associates Degree in Accounting in 2006. After graduating, Denise became a fulltime caregiver for her son, Jonathan, whose MS was progressing. The past ten years she was able to get extra help caring for Jonathan and slip into retirement. She was always up for a game of Yahtzee; she was the "Yahtzee queen". She enjoyed crocheting, reading, collecting dolls, frogs, tailgating, camping and weekends in Estes Park. She will be sorely missed by family and friends.

She was preceded in death by her parents: Anton and Marlys, her stepmom: Genn, her beloved "best doggie in the whole wide world" Chewy.

Denise is survived by: her husband, Thomas (Tom) Goehring of Fort Collins, CO; her son Jonathan (Jonny) Goehring of Fort Collins, CO; her sisters: Donna (Jim) Soncrant of Moorhead, MN, Susie (Charlie) McConaughay of Princeton, MN, Sandy (Mike) Mietz of Lucerne, CA, Julie (Greg) Scholler of Grand Forks, ND, and many nieces and nephews.

The family would like to thank the staff, especially Nurse Julie, in the ICU at Poudre Valley Hospital for the exceptional care they provided for Denise.

In lieu of flowers the family requests a memorial be made to NOCO Humane, 3501 E 71st Street, Loveland, CO, 80538 or Shepherd of the Hills Lutheran

Church, 1200 S Taft Hill Road, Fort Collins, CO, 80521 in her name.

A memorial service will be held at 11 am on Saturday, September 20, 2025 at Shepherd of the Hills Lutheran Church, 1200 S. Taft Hill Rd., Ft. Collins, CO 80521.

Previous Events

Memorial Service

SEP **20**. 11:00 AM - 12:00 PM (MT)

Shepherd of the Hills Lutheran Church
1200 S Taft Hill Rd
Fort Collins, CO 80521

Tribute Wall

JG

“ Tom and Jonathan, may you feel the arms of Jesus surrounding you and comforting you. Denise was a special lady—a loving wife and a dedicated mother. I have fond memories of our trip to Orlando for a conference having dinners together with you, Tom, and Denise. She will be greatly missed.

Jackie Gresham - September 12, 2025 at 11:32 PM

AK

“ Tom and Jonathan, I was so sorry to hear about Denise's passing. She was so kind and welcomed people into your home. I hope you find healing and peace in your hearts from the memories your friends and family are sharing with you. You are in my prayers.

Aleta Knospel - September 11, 2025 at 11:14 PM

PA

“ Tom and Jonathon, I am so very sorry for your loss! I am devastated by her death. Mimi and wish you our very best. May Denise rest in peace.

Paul Anderson - September 10, 2025 at 07:58 PM

SS

“ Tom and Jonathon--I am so sorry for your loss. Denise was such an incredible person. I remember her time at IBMC, she was an incredible student, friend to her classmates and bright light on campus. I know she was a great partner to you Tom and a wonderful mother to Jonathon. She will be greatly missed. She is in the arms of her Father and we take great comfort in this.

Steve Steele - September 09, 2025 at 11:35 AM

LN

Tom and Jonathon, I know how much this hurts. I am praying for you both. Lynn

Lynn Nightwalker - September 09, 2025 at 12:30 PM

ER

Tom and Jon, We have some of the best memories from our Bismarck days with you as our neighbors. The camping days and morning eye openers. The visits to your home in Colorado when Kyle and Dale were playing Bison FB and later times with downtown Ft. C pub crawls. I am so glad we got to see you last spring, one last visit with Denise. Tom you had a wonderful partner and Jon a wonderful Mother. Our prayers to you. Hugs, Jim & Ev

Evie Roehl - September 09, 2025 at 04:35 PM

BK

Tom and Jonathan I am so sorry for your loss. My thoughts and prayers are with you to help you through a difficult time.

Barbara Kearns - September 09, 2025 at 05:05 PM

CK

Tom and Jon, my precious friends, my family. Sending love and prayers to you during this time. I am grateful for the moments I got to spend with Denise. She was always kind and loving and provided warm memories with laughter at your home, and really yummy food. She is now in heaven with no tears or fears. May God wrap his arms around you two, and carry you as you grieve.

Love you, with all my heart.

In His Hands,

Colleen Korleski (Laub)

Colleen Korleski - September 09, 2025 at 07:51 PM

DL

Tom, Pam and I are so sorry for your loss. We pray for God to wrap His arms around you at this time. You and son will be in our prayers.
Danny Lowerins & Pam Smoot

Danny Lowerins - September 09, 2025 at 09:20 PM

JJ

Tom, I'm so very sorry for your loss. I only hope that all the love and prayers coming your way will help you in some small measure. God bless and know we're sending you all love and strength and healing.

*Love,
Judy Johnson*

Judy Johnson - September 09, 2025 at 09:32 PM


DA

Tom, it doesn't feel like words ever help in times like this. I pray you feel so much love from all of us who consider you like family. We are hurting with you and praying for comfort in this time of sorrow.

Darla

Darla - September 09, 2025 at 09:40 PM

AK

*Tom and Jon-
May you find comfort and Peace knowing that Heaven has gained another sweet angel and there will be no more pain or suffering. I rememeber my sweet and beautiful cousin, Denise as such a ray of sunshine-she made my 5 bridesmaid dresses over 37 years ago-such patience and talent. Her beautiful smile and kind manner will be missed by all who knew her. Hugs and love to you both *

AnnaMarie Kern - September 11, 2025 at 08:53 PM

CM

Tom and Jon- we are so very sorry for your loss. You both know how much we love you and are with you whenever you need us! Denise was a great Sister and she loved YOU BOTH DEARLY!

*And for us, as the saying goes,
Side by side or miles apart, siblings will always be connected by heart
!! Love & Hugs
Susie and Charlie*

Charlie & Susie McConaughay - September 13, 2025 at 12:39 PM

PC

Dear Tom and Jonathan, you are in my thoughts and prayers. May your sweet memories of your loving family hold you close and carry you through your loss.

Patty Carreon - September 13, 2025 at 09:35 PM