



## Sonia Houdeshell

October 19, 1942 - February 27, 2020

Sonia A. Houdeshell 10/19/1942 - 2/27/2020

Sonia was born and raised in York, PA to Howard and Helen (Hoke) Stough. She was raised by her grandparents, Dora and Curtis Stough from age 2, while her father was in the Navy serving in WWII.

Sonia graduated from Manchester High School in 1960 and from York Hospital School of Nursing in 1963 as an RN. She was a dedicated nurse for 30 years and her patients appreciated her loving care.

Sonia was very active in church activities while attending Zion Lutheran Church in Wellington, along with many community activities during her younger years. She initiated "Miss Well-O-Rama" with her friend Donna Hehn. She was a member of Word of Life in Fort Collins, CO in later years. Sonia was always up for road trip or Sunday drive and especially enjoyed Estes Park. She was famous for her perfect angel food cakes. Even up to her death, Sonia never said good bye, always "another day".

Ralph and Sonia married in 1963. After Ralph was drafted in 1966, she followed him to Colorado Springs, CO, then Fort Sill, OK. After returning to Fort Carson in Colorado Springs, Ralph was sent to Vietnam and Sonia returned to York, PA.

Upon returning from Vietnam, Ralph and Sonia moved back to the state they fell in love with, landing in Wellington, CO, where they have lived for the past 50 years. They had two children, David and Melissa. Sonia spent many years in the stands, being their biggest cheerleader.

In 1995, Sonia suffered major brain damage due to a car accident. Ralph was her caregiver until her cancer diagnosis and surgery in May 2019. Since that time Sonia has resided at Butterfly Gardens in Wellington until her passing. As a family, we have appreciated the loving care and attention they gave her.

Sonia was preceded in death by her parents. She is survived by her husband - Ralph Houdeshell, son-David (Lori) Houdeshell of Fort Collins, CO, daughter-Melissa (Brian) Poletti of Flagstaff, AZ, three grandsons-James, John, and Joseph Houdeshell of Fort Collins, CO, and all family and friends who loved her.

In lieu of flowers, please make to donations to Pathways Hospice, 305 Carpenter Rd., Fort Collins, CO 80525 or to a charity of your choice.

The family wishes to invite you to a Memorial service at Bohlander Funeral Chapel on Thursday, March 5, 2020 at 4 pm.

# Events

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**MAR**   **Memorial Service**                      04:00PM

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Bohlender Funeral Chapel

121 W. Olive Street, Fort Collins, CO, US, 80524

# Comments

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“ Howdy and family: I was so sorry to read of your loss. You are in my thoughts.

**Helene Bennett** - March 06 at 03:19 PM

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“ We loved this precious lady!! She was so positive, cheerful and always had a compliment for everyone. I loved how she bragged about her husband and the care he gave her. We will always cherish our memories of Sonia!!

Larry and Irene Olson

**Irene Olson** - March 05 at 11:48 AM

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“ Dear Ralph, David and Family,  
I am sorry that I can not attend the service today. My thoughts are with you all.  
Rich Shipman

**Rich Shipman** - March 05 at 10:35 AM

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“ I started cutting Howdy's hair in 1997 and started cutting Sonia's hair in 2005, They would come in together since 2005. I was always impressed how Howdy would take care of Sonia, he truly cared for her and always made sure she was safe with her steps. It is difficult being a caregiver and Howdy excelled at that. Sonia would tell me of all the shots she had give to her patients, in her mind she was still a nurse wanting to help her patients. She always told me what a good job I was doing on her hair even though she never could remember my name. Every time Sonia came in she would compliment me on something.  
I have to really admire Howdy (Ralph) for his patience and care that he gave to Sonia for the many years he was her caregiver.

**Helen Marie Cowen** - March 02 at 08:19 PM

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“ Prayers to all of your family.....

**Jean Kochenburger** - March 02 at 10:58 AM

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“ So sorry for your loss your in our thoughts and prayers



**Shantay Scantling** - March 01 at 04:51 PM



“ Sad for Aunt Sonia, she was always in my heart, she had to be there cause we never got to see her. She was one of my favorite while you's live in Pa. I'll always love and remember Aunt Sonia. And love you too uncle Ralph.

**Barb Lewis** - March 01 at 05:58 PM



“ You all are in our thoughts and prayers at this time of healing. Sending love.

**Randie and Cindi Bell** - March 01 at 04:29 PM